

**Screen-
free**



MOMENTS!

Did you know ?

Throughout its rapid development, a young child's brain can undergo functional and structural changes if exposed to excessive screen time.

Count to keep your mind sharp!

With dominoes or snakes and ladders, count everything you can!

Consider dice as well, with a route to be devised together!

Set the table with your child and count the number of dishes and utensils.

Get the whole family involved!

Read a book featuring quantities.

The Three Little Pigs, Goldilocks and the Three Bears, etc.



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WOW Moments!
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