

Screen-  
free

**WOW**

MOMENTS!

## Did you know ?

Although sometimes useful, screens pose risks to young children's development, particularly by preventing them from moving around actively.

### Get moving for fun!

Take a walk and take the time to observe, listen, and name what is around you.

You will be surprised by some of your beautiful discoveries!

Play guessing games and jump according to the number of syllables in the word you find.

Three steps for bu-tter-fly!

Do some physical exercise together, pointing to and naming the parts of your body or your child's body..

Fun and laughs guaranteed!



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Orthophonie et développement du langage