



Did you know ?

Too much screen time for young children can deprive them of activities that are essential for their healthy development.

Share your experiences!

Fold the laundry together and describe each item: who is it for? What colour is the item? What size is it?

Have fun pairing mismatched pieces to play a trick!

Prepare a simple recipe or cut vegetables with the child's help.

They'll feel important and useful! Pride guaranteed!

End the day by colouring together or recounting your day through drawings.

Shared surprise and joy!



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