

Screen-
free

WOW
MOMENTS!

Did you know ?

A toddler uses interactions to discover their environment and develop all their skills to the fullest. You are their first companion in relationships!

Moments of interaction lasting 10 minutes or more make all the difference!

Play hide and seek!
Even with the youngest children, it's possible: **hide your face or hide a toy in front of them.**

Easy to do every day, even while waiting for an appointment.

Play a game that involves taking turns:

build a tower out of blocks together, roll a ball between you, build a puzzle with pieces for everyone, etc.

Read a book and encourage the child to participate and act out the story.

Choose your child's favourite book... even if you know it by heart!



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